

The

MENTOR

September, 1951

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Special Trainers Issue

Dedicated to The National
Athletic Trainers Association.



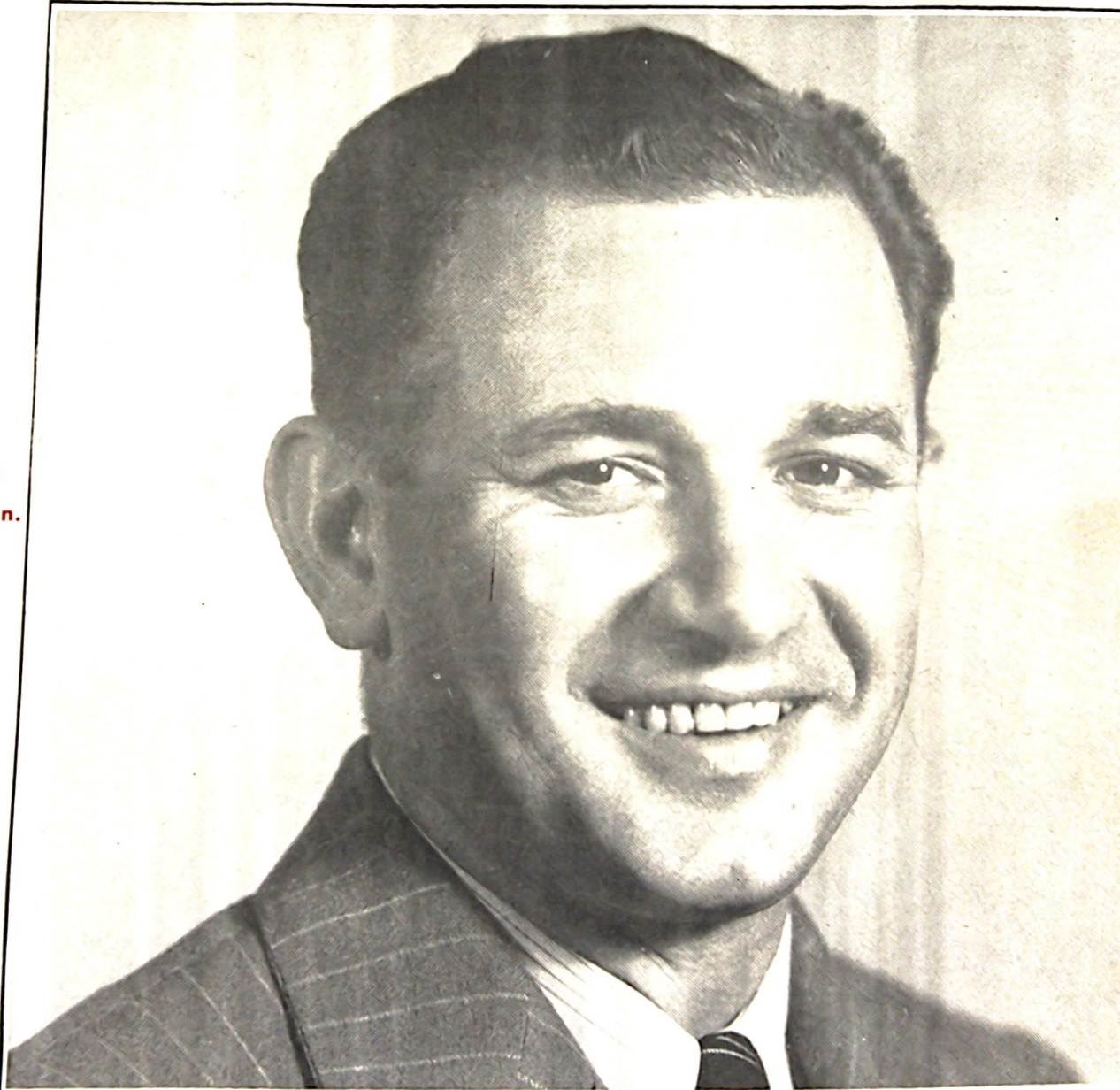
National Association of
Intercollegiate Basketball.



American Association of
College Baseball Coaches.



National Collegiate
Athletic Coaches Association.



HEAD TRAINER EDDIE WOJECKI of RICE INSTITUTE

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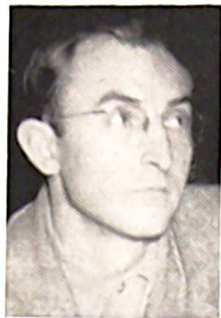
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Chuck Cramer
Executive Secretary



Dick Wargo
Head Trainer
U of Connecticut



Frank (Doc) Kavanagh
Head Trainer
Cornell University



Duke Wyre
Head Trainer
U of Maryland

THE NATIONAL ATHLETIC

The N.A.T.A. met in annual convention at the Municipal Auditorium in Kansas City on the above dates. A good attendance listened to the following program:

Address of Welcome, Frank Kavanagh
Cornell University
Diagnosis and Treatment, Pulled and Ruptured Tendons and Muscles, Bill Dayton
Texas A. & M. College
Massage and Stretching Exercises, Jay Colville
Miami U. (Ohio)
Hyperextension of Elbow and Knee, Henry Schmidt—Santa Clara Univ.

Open Forum Demonstrations Various Methods of Taping

1. Ankle and Lower Leg, Fred Peterson
Univ. of Wyoming
 2. Knee and Thigh, Dick Wargo,
Univ. of Connecticut
 3. Shoulder, Neck, Arm, Wrist, Hand, Chuck Medlar
Penn State College
 4. Hip, Low Back, Ribs,
Dutch Luchsinger Miss. State College
Shoulder Girdle,
Blaine Rideout Univ. of Nebraska
Feet, Arches, Shin Splints, Ankle,
Whitey Gwynne West Virginia Univ.
- Weight Reduction and Diets,
Art Dickinson Iowa State Teachers
Equipment,
Frank Kavanagh Cornell University
Wayne Rudy Southern Methodist U.
Edward Gabel West. Mich. College
Pre-Season Conditioning; Pre-practice
and Post-practice Calisthenics; Pre-
game activity of Trainer; Game-Time
Duties,
Frank Kavanagh Cornell University
Movie and Lecture on Knee Surgery—
Discussion, Diagnosis, etc.,
Don O'Donoghue, M. D.,
Oklahoma City, Okla.

The district meetings were held on Friday night, and the N.A.T.A. meeting for members only was held in the

ball room of the Hotel Muehlebach Saturday night.

The Board of Directors for 1951-52 from the different districts are as follows:

No. 1—Dick Wargo, University of Conn., Storrs, Connecticut.

No. 2—Frank Kavanagh, Cornell University, Ithaca, New York.

No. 3—Duke Wyre, Univ. of Maryland, College Park, Md.

No. 4—Jay Colville, Miami University, Oxford, Ohio.

No. 5—Joe Glander, University of Okla., Norman, Oklahoma.

No. 6—Bill Dayton, Texas A. & M. College, College Station, Texas.

No. 7—Fred Peterson, Univ. of Wyoming, Laramie, Wyoming.

No. 8—Henry Schmidt, Santa Clara University, Santa Clara, Calif.

No. 9—Dutch Luchsinger, Mississippi State Col., State College, Miss.

Hugh Burns, Publicity.

The Board in annual meeting appointed the following committees:

Membership: Mickey O'Brien, Chairman, University of Tenn.; Chuck Medlar, Penn State College; Jack Heppinstall, Michigan State Coll.; Wayne Rudy, Southern Methodist U.; Ray "Chief" West, St. Mary's College.

Program: Duke Wrye, Chairman, Univ. of Maryland; Art Dickinson, Iowa State Teachers; Con Jarvis, Stanford University; Spike Dixon, Univ. of Indiana; Eddie Wojecki, The Rice Institute.

Public Relations: Hugh Burns, Notre Dame Univ.; Henry Schmidt, Santa Clara Univ.

Honorary Members: Walter Bakke, Chairman, Univ. of Wisconsin; Elmer I. Hill, Univ. of Illinois; Smokey Harper, Univ. of Kentucky; Kearney Reeb, Southern California; Ollie DeVictor, Univ. of Illinois.

25-Year Awards: Al Sawdy, Chairman, Bowling Green Univ.; Bob Peterson, Univ. of California; Fitz Lutz Univ. of North Carolina.

In the business meeting the Constitution was adopted by voice vote, with a few small changes. (New, corrected copy will be mailed to members.)

"Skipper" Patrick, Sports Editor, Associated Press, Kansas City division, was presented a citation award for so generously publicizing the meeting and members. His efforts in behalf of the Association were greatly appreciated.

A Resolution of Condolence was ordered sent to the family of Warren Clemens, formerly trainer of the L. A. Rams, who died last spring. Our first loss, and a man we will greatly miss.

This letter has just been received from Don H. O'Donoghue, M. D., who gave us that wonderfully illustrated lecture June 24.

"Dear Mr. Cramer:

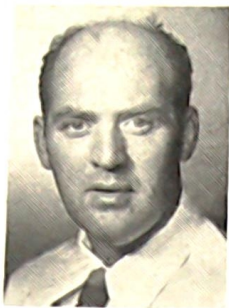
I have your note, including the check for which I thank you very much.

I don't know when I have addressed a meeting which I personally felt was more successful than my talk to your group on Sunday morning. It was a very attentive, appreciative group, and I want you to know that I am in complete sympathy with the purposes behind the organization. I think it should be expanded, and I hope that in your succeeding programs you can arrange to have discussions by other doctors who are interested in athletic injuries, since I think the closer we are to each other the better understanding there will be, and in the long run, the better treatment the athlete will get.

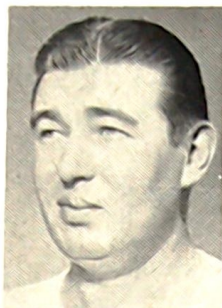
If I can be of any service to you in helping you obtain someone, or recommending the society to some medical



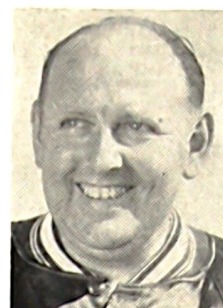
Joe Glander
Head Trainer
U of Oklahoma



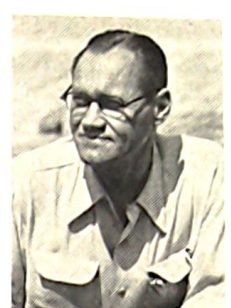
Wm. Dayton
Head Trainer
Texas A & M



Fred A. Peterson
Head Trainer
U of Wyoming



Henry F. Schmidt
Head Trainer
U of Santa Clara



W. J. Luchsinger
Head Trainer
Miss. State Col.

TRAINERS ASSOCIATION

man, please don't hesitate to call on me.

Sincerely,
Don O'Donoghue, M. D.

The directors voted to hold the 1952 convention in Kansas City, Missouri on June 20 and 21, Friday and Saturday. Members are urged to arrive Thursday, June 19th for committee meetings.

Chuck Cramer,
Recording Secretary

TREASURER'S REPORT Year Ending June 30, 1951

Received from 1950-51 dues, 244 @ \$2.00	\$488.00
Expenses, 1950-51	
	\$488.00
Received at N.A.T.A. Convention—	
Admissions, New and Renewed Memberships	184.00
Less Expense Account— Dr. O'Donoghue, Guest Speaker	76.86
	107.14
Balance in Treasury	\$595.14

Tom-Toms Grow Loud for Trainers in High Schools

By Jim Fuller
Sports Writer, Fort Worth Press

Eddie Wojecki and Pete Collett are in different fields but both are working toward the same objective.

Both are beating the drum for athletic trainers in Texas high schools.

Wojecki, who is not much larger than the chaw of tobacco he keeps stored in his right jaw, is athletic trainer at Rice Institute. Collett, who is a

big fellow with black, wavy hair, is editor of "The Mentor," a coaching publication printed in Fort Worth.

Here at the 19th Annual Texas Coaching School you can find Wojecki and Collett expounding their theory to anyone who will listen.

Collett thinks it is somewhat of a dirty shame that in some Texas high schools there are as many as nine coaches but no athletic trainers. In fact, he points out, there are only three trainers in Texas high schools.

When you narrow it down to dollars and cents it doesn't cost to have a trainer—it pays," Collett contends. "Any trainer will pay for his salary in preventing injuries — injuries which cost some schools as much as \$4000 in doctor bills during a season."

He points out that 33 per cent of a coach's success during any given grid season depends on his keeping his players off the injury list.

"Let a coach lose a couple of key men for a few games and what could have been a successful season is nothing but a losing effort," Collett remarked.

He emphasized that schools hire physical education instructors but no trainers.

"All trainers have degrees in physical education and could perform dual duties," Collett said. "A coach has his hands full coaching, teaching, counselling, etc. It is unfair to expect him to be a trainer, too. Of course he refers serious injuries to the team physician. But his prime objective is preventing injuries and keeping minor hurts from becoming major ones."

Wojecki agrees with everything Collett says and adds a few pertinent remarks of his own.

"You know I've made a survey of all these schools that have been caught in the basketball scandal, and not one of them had a full time trainer who travels with their basketball teams and looks after the kids. And I honestly believe that if those schools did have a trainer, he would have found out about the "fixes" and would have taken steps to nip them in the bud."

Wojecki deplores the opinion shared by most people that a trainer does nothing more than rub sore muscles and see to it that the athletes have clean sweat socks and fresh towels.

"Kids come to me every year with troubles of all kinds. Many times I can help them. Other times it is necessary for me to see Jess (Neely, athletic director and head football coach at Rice). I ask for his opinion on the kid's problem. He gives me the answer. I give it to the kid and Jess never knows the identity of the boy.

• • •

"I'll bet you anything that if a gambler ever came to a Rice football or basketball player and tried to fix a game I would find out about it. I'd even bet that the kid would come to me and tell me about it."

Wojecki emphasizes that a trainer is more interested in preventing injuries than curing them.

"Far too many high school athletes show up at college with injuries which could have been prevented had they been under the supervision of a trainer during their high school days," he said.

Wojecki and Collett figure that trainers in Texas high schools is just around the corner. They share the opinion that parents of athletes are going to insist that their sons have this service.